

# **CLINICAL REPORT**

# Maxillary zirconia and mandibular composite resin-lithium disilicate—modified PEEK fixed implant-supported restorations for a completely edentulous patient with an atrophic maxilla and mandible: A clinical report

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Implant-supported restorations for completely edentulous patients may be more challenging than for partially edentulous patients. <sup>1,2</sup> Fixed prostheses may be contraindicated because of the need for additional lip support. <sup>1,2</sup> For such patients, implant-

retained overdentures may be the treatment of choice.<sup>3-6</sup>

Material selection is important for complete-arch implant-supported prostheses. Good outcomes have been reported for metal-ceramic restorations, while maxillary metal-acrylic resin prostheses have been reported to have an increased incidence of esthetic, phonetic, and maintenance problems. A design addressing the rehabilitation of the dental aspects and the alveolar process and its associated soft tissues separately has been suggested. Bimaxillary metal-ceramic implant-supported restorations may increase the incidence of mechanical complications including fracture of the veneering ceramic or present an unpleasant clicking sound during function.

New restorative materials such as monolithic zirconia<sup>15-20</sup> and polyetheretherketone (PEEK)<sup>21-26</sup> have been used for implant-supported restorations with promising

## **ABSTRACT**

Bimaxillary implant-supported restorations for edentulous patients must include a comprehensive diagnosis, treatment plan, and careful selection of the restorative materials. The present clinical report described a completely edentulous patient rehabilitated with a zirconia framework with a facial ceramic veneer on the maxillary arch and a modified polyetheretherketone (PEEK) framework with gingival composite resin and cemented lithium disilicate crowns on the mandibular arch. The rationale for this combination of restorative materials is reviewed. (J Prosthet Dent 2019; 

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success rates<sup>15-25</sup> and have been suggested as an alternative to metal-ceramic and metal-resin restorations. <sup>15-17,27-31</sup> PEEK has a relatively low elastic modulus of about 3.5 GPa, <sup>32</sup> good biocompatibility, <sup>26,33,34</sup> good polishability, <sup>33</sup> low plaque affinity, <sup>33</sup> and high bond strength to composite resin. <sup>35,36</sup>

The present clinical report describes a monolithic zirconia restoration with facial ceramic on the maxillary arch and a PEEK framework with gingival composite resin and cemented lithium disilicate crowns on the mandibular arch. The rationale for this combination of different restorative dental materials is reviewed.

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A 56-year-old woman visited the author's private practice seeking a "solution to the problem of my

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Figure 1. Pretreatment appearance. A, Smile view. B, Maximum intercuspation.

prostheses, which have resulted in signs of infection and caused me to feel insecure and even depressed." The extraoral analysis revealed a facial midline coincident with the maxillary dental midline, but the occlusal plane was not parallel to the horizontal facial plane. The maxillary incisors were not displayed at rest, the smile line was straight, and the lip line was low (Fig. 1A). The patient had a maxillary complete-arch metal-ceramic implant-supported restoration and a mandibular implant-retained overdenture. All implants exhibited gingival recession with signs of inflammation accompanied by peri-implant pockets and bleeding on probing, symptoms consistent with active periimplantitis (Fig. 1B). The radiographic examination revealed a bone loss of 50% to 60% around all the maxillary and mandibular dental implants (Fig. 2). The patient was offered the option of keeping her prostheses after treatment for the peri-implantitis. She opted for a retreatment that involved a new maxillary and mandibular implant-supported restoration after removal of all the affected dental implants.

Diagnostic casts were mounted on a semi-adjustable articulator (Artex CT; Amann Girrbach). A surgical guide was prepared by using the current tooth positions, and an acrylic resin template of the maxillary teeth was prepared to facilitate fabrication of the interim restorations.<sup>37</sup>

The maxillary implants were removed, and 6 new implants were placed (Table 1). A complete-arch screw-retained interim restoration was fabricated by using the maxillary acrylic resin template<sup>37</sup> and maintaining the previously measured vertical dimension of occlusion (VDO).<sup>28</sup> Subsequently, the 4 mandibular implants were removed, and 4 dental implants were placed (Table 1). The mandibular overdenture was

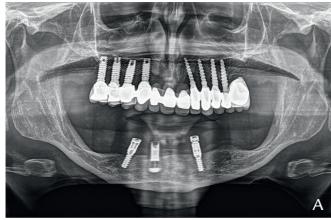
relined and converted into a screw-retained interim restoration, maintaining the previously measured VDO (Fig. 3).

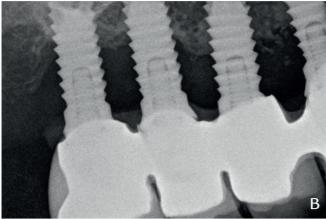
During the osseointegration of the implants, no surgical or prosthetic complications occurred. Before the maxillary and mandibular screw-retained interim restorations were removed, a facebow record (Artex Facebow; Amann Girrbach) and an interocclusal registration were obtained (Fig. 4). A maxillary and mandibular open-tray complete-arch implant impression procedure using rigid splinting, a custom tray, and polyether impression material (Impregum Penta Medium Body; 3M ESPE) was used. Service of the implants of the implant

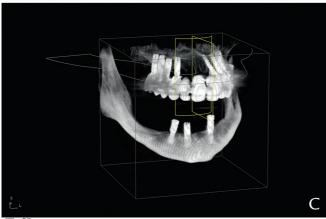
The maxillary and mandibular interim restorations were used to mount the definitive casts on the same articulator. Silicone indices (Lab-Putty hard; Coltène) (Fig. 5) were obtained to duplicate the interim restorations<sup>44</sup> (Fig. 6) and as a reference for the diagnostic waxing, increasing the tooth visibility at rest, obtaining a convex smile line, an occlusal plane parallel to the bipupilary and intercomissural lines, and improving tooth anatomy. After the esthetic evaluation, maxillary and mandibular screw-retained interim restorations with a convex intaglio surface were fabricated and delivered (Fig. 7). No significant issues were encountered during a 6-month follow-up period.

The second maxillary and mandibular screw-retained interim restorations were digitized and used as a reference to design the definitive restorations. For the maxilla, a milled monolithic zirconia (Nacera Pearl Multilayer; Nacera) framework with a facial ceramic veneer (Creation Zi-CT A1 Dentine; Creation) and a gingival veneer (Creation Zi-CT Gingival; Creation) was made (Fig. 8). A milled high-resistance modified PEEK (Pekkton ivory; Cendres+Métaux) framework was fabricated for the

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**Figure 2.** Pretreatment radiographs. A, Panoramic radiograph. B, Periapical radiograph of maxillary right implants. C, Cone beam computed tomograph.

mandibular prosthesis, with lithium silicate crowns (e.max Press LT A-1; Ivoclar Vivadent AG) and gingival composite resin (anaxgum Pink Composite; Anaxdent) (Fig. 9).<sup>7</sup> Both frameworks were cemented on titanium abutments with a resin cement (PANAVIA SA Cement Plus; Kuraray) following the manufacturer's recommendations.

Table 1. Summary of treatment completed

Clinical Interventions Detail	Maxillary Arch	Mandibular Arch	
Number of implants removed	8	3	
Number of implants placed	6	4	
Position of placed implants and implant description	Right and left canines (RC implant; Straumann) Right and left first premolars (RN implant; Straumann) Right and left first molars (WN implant; Straumann)	Right and left second premolar, right lateral incisor and left lateral incisor positions (RC implant; Straumann)	
First interim restorations	Acrylic resin shell relined to fabricate screw-retained interim restoration  Overdenture was converting into a screw-retained interim restoration		
Second interim restorations	Screw-retained interim restoration with correction of tooth visibility at rest, smile line, lack of parallelism between intercommissural and interpupillary lines with occlusal plane, and tooth proportions.		
Definitive implant- supported rehabilitations	Screw-cementable milled zirconia (Nacera Pearl Multilayer; Nacera) framework with labial ceramic (Creation Zi-CT Gingival; Creation)	Screw-cementable milled high-resistance polymer (Pekkton ivory; Cendres+Métaux) framework with gingival composite resin (anaxgum Pink Composite; anaxdent) and lithium disilicate cemented crowns (e.max_Press LT A-1; Ivoclar Vivadent AG)	

The Sheffield test was used during clinical evaluation to evaluate the passivity of the frameworks, and intraoral periapical radiographs were made. Patient compliance, esthetics, and occlusion were also evaluated (Fig. 10). Six-monthly follow-up appointments were scheduled. Three years after the start of treatment, no complications were observed.

## **DISCUSSION**

This completely-edentulous patient was restored with bimaxillary implant-supported prostheses, as adequate lip support, cleansablility, and function of the prostheses were demonstrated during the interim restorations phase<sup>3-6,9,15</sup> used to design the definitive restorations. Recently introduced metal-free materials manufacturing methods were used, even though, studies evaluating their clinical performance are limited. 15-26 The combination of materials was selected based on their different mechanical properties (Table 2). A PEEK framework has reduced weight and a lower flexural strength and modulus of elasticity than the antagonist zirconia prosthesis, which may lead to fewer mechanical complications. However, the cost of the prostheses was higher than that for metal-ceramic or metal-acrylic resin restorations.





Figure 3. Interim restorations. A, Smile view. B, Panoramic radiograph.





Figure 4. After removal of interim restoration eight weeks after surgery. A, Maxillary occlusal view. B, Mandibular occlusal view.

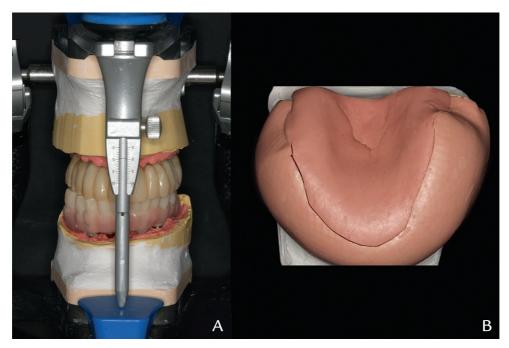


Figure 5. A, Definitive casts mounted in semi-adjustable articulator. B, Silicone index of interim restorations.

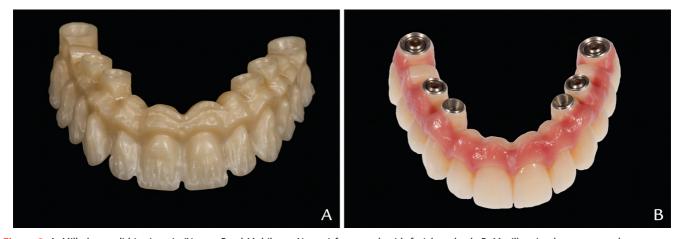
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Figure 6. A, Duplicated maxillary and mandibular interim restorations. B, Changes made to occlusal plane.



Figure 7. Interim restorations. A, Smile position. B, Frontal view.



**Figure 8.** A, Milled monolithic zirconia (Nacera Pearl Multilayer; Nacera) framework with facial cut-back. B, Maxillary implant-supported screw-cementable prosthesis completed, with convex intaglio surface design.

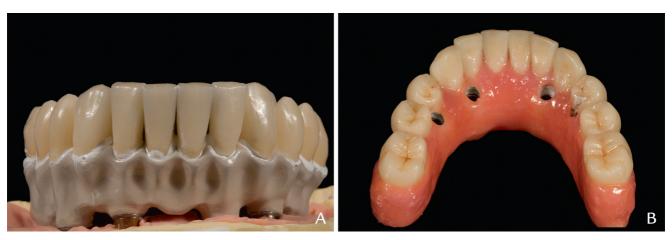


Figure 9. A, Pressed lithium disilicate crowns cemented on milled mandibular PEEK (Pekkton ivory; Cendres Métaux) framework. B, Occlusal view of mandibular implant-supported prosthesis. PEEK, polyetheretherketone.

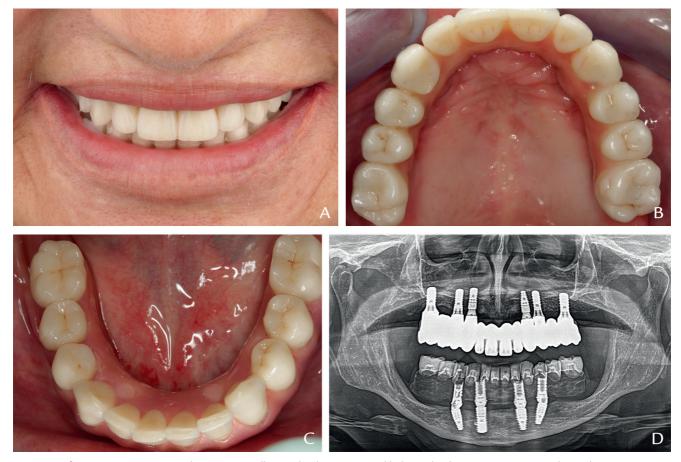


Figure 10. Definitive restorations. A, Smile view. B, Maxillary occlusal view. C, Mandibular occlusal view. D, Panoramic radiograph.

The PEEK material has disadvantages, including an increased minimum connector size, greyish color, and the skill needed for the lithium disilicate crowns.

Monolithic zirconia implant-supported restorations have been reported to be a promising alternative to conventional metal-ceramic designs<sup>7-12</sup>; however,

chipping of the veneering ceramic has been reported.<sup>20</sup> In the present zirconia framework design, only a facial veneer was used to maintain the occlusal contacts in monolithic zirconia material, which may prevent this complication. Clinical studies are needed to evaluate the behavior of these novel materials.

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Table 2. Mechanical properties of milled monolithic zirconia material (Nacera Pearl Multilayer; Nacera), high-resistance PEEK polymer (Pekkton ivory; Cendres Métaux), and lithium disilicate ceramic (e.max.Press; Ivoclar Vivadent) selected to fabricate cemented crowns over mandibular framework (manufacturer's data)

Material	3Y-TZP	High-Resistance PEEK Polymer	Lithium Disilicate Ceramic
Commercial name and manufacturer	Nacera Pearl Multilayer; Nacera	Pekkton ivory; Cendres Métaux	e.max Press; Ivoclar Vivadent AG
Composition	$ZrO_2+HfO_2+Y_2O_3>99\%$ $Y_2O_3$ 4%-6%	PEEK, titanium oxide	SiO <sub>2</sub> (57%-80%), Li <sub>2</sub> O (11%-19%), K <sub>2</sub> O, P <sub>2</sub> O <sub>5</sub> , ZrO <sub>2</sub> , ZnO, other oxides
Density	>6.04 g/cm <sup>3</sup>	NP	2.5 g/cm <sup>3</sup>
Flexural strength	1200 MPa	200 MPa	470 MPa
Compressive strength	3000 MPa	NP	
Modulus of elasticity	205 GPa	5.0 GPa	95 GPa
Vickers hardness	1300 HV 0.5	252 MPa	5800 MPa

NP, not provided

### **SUMMARY**

This clinical report describes restoration of a completely edentulous patient with a rigid monolithic zirconia fixed prosthesis in the maxillary arch and a resilient PEEK prosthesis with lithium disilicate crowns in the mandibular arch. Clinical trials are needed to evaluate the performance combination.

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